# ASTYM® Therapy

## For Insulin Injection Site Fibrosis







www.astym.com



## What is Injection Site Fibrosis?

Repeated injection of insulin into the same area can lead to soft tissue damage – lumps and hardened tissue inhibiting proper insulin absorption and even preventing injection in that area altogether. Delayed or erratic insulin absorption can lead to worsening side effects as blood glucose levels vary between successful injections.

## How Can Astym Therapy Help?

Astym Therapy has demonstrated exceptional outcomes in the treatment of soft tissue disorders, and often results in the elimination or reduction of abnormal soft tissue. The treatment is non-invasive and provided in an outpatient therapy setting.

**To find a provider near you, visit:**

**www.astym.com**