ASTYM® Therapy

For Maximizing Function after Breast Cancer Treatment







www.astym.com



Get Back Your Range of Motion

Many breast cancer survivors experience pain, stiffness, and reduced range of motion after a mastectomy. This is often the result of scar tissue forming at the site of surgery or due to radiation therapy. This scar tissue can become sensitive and restrict movement.

Astym therapy can help.

Astym treatment is regenerative soft tissue therapy performed by physical and occupational therapists. It is non-invasive, reliable, safe, and has a short treatment course. Astym Therapy stimulates the resorption of scar tissue and the regeneration of damaged soft tissues, which helps patients regain their range of motion and reduces discomfort and sensitivity.

To find a provider near you, visit:

www.astym.com