ASTYM® Therapy For Maximizing Function After Breast Cancer Treatment

RESTORING RANGE OF MOTION AND RELIEVING PAIN

Advanced education is available to Astym-certified therapists who wish to specialize in the treatment of patients who have had breast cancer. Referring your post-treatment patients to an Astym-certified physical or occupational therapist can be your answer for **complete musculoskeletal aftercare**, and may **reduce your patient's risk for lymphedema.**

Astym treatment can resolve:

- Scar tissue/fibrosis
- Restricted movement and pain
- Tightness of the chest wall, shoulder, neck, and axilla
- Muscle imbalances and general deconditioning
- Hypersensitivity







Benefits of Astym Therapy?

- The Astym process stimulates the body to **regenerate and remodel tissues**.
- Astym treatment is **safe and effective.**
- Astym therapy is one of the **most researched** physical therapy treatments available.
- **Short treatment course**: A typical course of treatment lasts only four to six weeks (8-10 visits).
- **Patients get to stay active**: You are able to resolve their condition without restricting movement. Patients are still able to participate in work, sports, and the activities that they love.

Quality Care For Your Patients

With Astym therapy, you can offer your patients the **highest quality care** for soft tissue dysfunction. Astym therapy has a **high patient satisfaction**, and that translates into high patient satisfaction for you as the referring physician.

Need More Information?

Contact the Astym therapy Clinical Team at **clinical@astym.com** to schedule a time to talk.

CERTIFIED ASTYM® Restore. Revitalize. Recover. PROVIDER AVAILABLE

Visit www.astym.com to learn more