ASTYM® Therapy For Maximizing Function After Breast Cancer Treatment

Astym Therapy Restores Range of Motion after Surgery

Many patients continue to experience stiffness and pain after a mastectomy, often the result of scar tissue forming at the site of surgery or due to radiation therapy. This scar tissue can become sensitive and restrict movement, causing ongoing discomfort.

Even where other treatments have failed, Astym therapy has been proven effective in the resolution of stiffness and pain, and in improving range of motion in patients.







What is Astym Therapy?

- Astym treatment is **safe and effective.**
- Astym therapy is one of the **most researched** therapy treatments available. It is unmatched in its ability to resolve scar tissue problems and other soft tissue dysfunctions.
- **Short treatment course:** A typical course of treatment lasts only four to six weeks.
- The Astym process stimulates the body to **regenerate and remodel tissues.**

CERTIFIED ASTYM® Restore. Revitalize. Recover. PROVIDER AVAILABLE

Visit www.astym.com to learn more